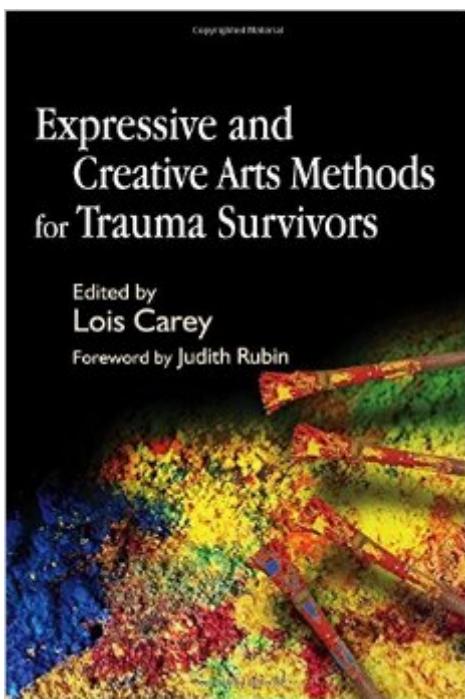


The book was found

Expressive And Creative Arts Methods For Trauma Survivors



Synopsis

"Expressive and Creative Arts Methods for Trauma Survivors" demonstrates how play, art, and music therapies, as well as sandplay, psychodrama and storytelling, can be used to aid the recovery of trauma victims. Drawing on detailed case studies and a growing body of evidence of the benefits of non-verbal therapies, the contributors - all leading practitioners in their fields - provide an overview of creative therapies that tap into sensate aspects of the brain not always reached by verbal therapy alone. Methods of exploring traumatic experiences with a view to limiting patients' distress are also explored. The techniques discussed are appropriate for work with children, families and groups and are based on established approaches, including Jungian, Child-centred, Gestalt and Freudian theories. "Expressive and Creative Arts Methods for Trauma Survivors" will be an enlightening read for expressive and specialized arts therapists and for students and academics in these fields.

Book Information

Paperback: 224 pages

Publisher: Jessica Kingsley Pub; 1 edition (April 15, 2006)

Language: English

ISBN-10: 1843103869

ISBN-13: 978-1843103868

Product Dimensions: 6 x 0.5 x 9.2 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsÂ See all reviewsÂ (2 customer reviews)

Best Sellers Rank: #991,157 in Books (See Top 100 in Books) #106 inÂ Books > Medical Books > Medicine > Surgery > Trauma #821 inÂ Books > Health, Fitness & Dieting > Mental Health > Post-traumatic Stress Disorder #1885 inÂ Books > Health, Fitness & Dieting > Psychology & Counseling > Pathologies

Customer Reviews

Very informative book and a good resource for Trauma care workers. This book gives practical ideas and good general information for practitioners.

Fantastic

[Download to continue reading...](#)

Expressive And Creative Arts Methods for Trauma Survivors Art Therapy and Music Therapy Bundle: (Expressive Arts, Movement Therapy, Art Therapy Trauma, Therapy Books) The Graphic Designer's Digital Toolkit: A Project-Based Introduction to Adobe Photoshop Creative Cloud, Illustrator Creative Cloud & InDesign Creative Cloud (Stay Current with Adobe Creative Cloud) Treating Self-Destructive Behaviors in Trauma Survivors: A Clinician's Guide Complex PTSD and Developmental Trauma Disorder: How Childhood and Relationship Trauma Can Cause Anxiety and Depression in Adults (Transcend Mediocrity, Book 126) The Art of Expressive Collage: Techniques for Creating with Paper and Glue Functional Python Programming - Create Succinct and Expressive Implementations with Python Sound Design: The Expressive Power of Music, Voice and Sound Effects in Cinema Opening Up by Writing It Down, Third Edition: How Expressive Writing Improves Health and Eases Emotional Pain Persuasive Games: The Expressive Power of Videogames (MIT Press) The Decorated Journal: Creating Beautifully Expressive Journal Pages Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment (Norton Professional Book) Trauma-Attachment Tangle: Modifying EMDR to Help Children Resolve Trauma and Develop Loving Relationships Child Trauma Handbook: A Guide for Helping Trauma-Exposed Children and Adolescents Prehospital Trauma Life Support (NAEMT PHTLS, Basic and Advanced Prehospital Trauma Support) Building Resilience to Trauma: The Trauma and Community Resiliency Models The Body Remembers Continuing Education Test: The Psychophysiology of Trauma & Trauma Treatment (Norton Professional Book) Handbook of Dental Trauma: A Practical Guide to the Treatment of Trauma to the Teeth High Throughput Screening: Methods and Protocols (Methods in Molecular Biology) (Methods in Molecular Biology, 190)

[Dmca](#)